



EXCELLENCE



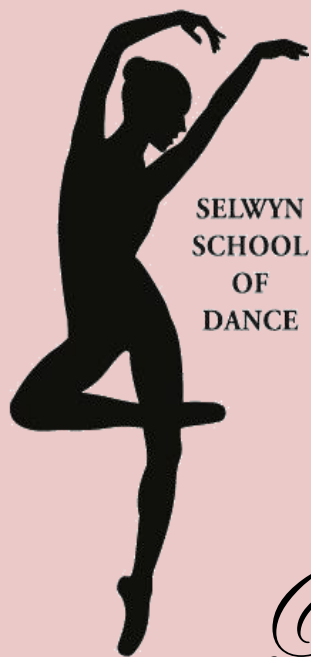
EXPRESSION



INNOVATION

LEARN TO DANCE

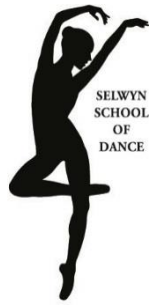
LOVE TO DANCE



SELWYN
SCHOOL
OF
DANCE

Prospectus 2017

The Selwyn School of Dance was founded in 2009 by Director Emma Body. The school has a growing roll for all ages who wish to pursue a quality dance education in a supportive and encouraging setting.



EXCELLENCE

EXPRESSION

INNOVATION

Our Mission

To support a student's passion and dedication for dance, to foster the development of creative innovation and artistic expression. The Selwyn School of Dance is committed to offering the highest caliber of education to the dance experience.

Our Goals

- ◆ *To provide, in a caring environment, artistic training of the highest possible caliber, offering all students a positive learning experience.*
- ◆ *To inspire in students a love of music, movement and freedom of expression through dance.*
- ◆ *To offer students as many performance opportunities as possible.*
- ◆ *To encourage commitment to the offered Syllabus Examinations.*
- ◆ *To develop the dancer within, with focus on developing musicality and correct basic placement alongside appropriate technique.*

Why Choose Ballet?

It is often said "ballet is the basis of all dance form". Whether a child attends once weekly for fun or is considering dance as a career, ballet develops poise, self-discipline, musicality, rhythm and a highly increased physical and sensory awareness.

The skills gained through encouragement and discipline can be applied to all aspects of their lives beyond the ballet studio. Students are actively taught to find their inner strength and will to achieve their best in any situation.

Classes and Programs

All classes, even our Preschool Ballet Program have a strong dance foundation focus. This includes correct posture, placement, discipline, coordination, strength, flexibility and musicality. Classes are based on the International Dance Teachers Association (IDTA) syllabi and complemented with the Royal Academy of Dance (RAD) syllabi. This philosophy uses the strengths of both methods to provide a complete dance training program.

Dance To Your Own Tune Ballet Program

Our youngest dancers are welcome to attend our "Dance To Your Own Tune" class from three years of age, this is a Ballet based program, which is structured slightly differently from our Ballet, Jazz and Hip Hop programs, to make it more suitable for this age group. It is designed to engage the children so that they can more easily learn the basic movements. "Dance To Your Own Tune" focuses on the basic co-ordinations and steps that we build in our subject programs and explores the creative elements of dance. A great way to introduce all forms of dance, and when the dancers graduate (about 4 years old) they can then move into the more structured Ballet or Jazz programs, (they are welcome to try Hip Hop from 5 years old).

Preschool Ballet Program

This class will introduce placement, posture, form, rhythm and co-ordination of simple dance steps. A variety of music and movement styles derived from ballet and pantomime will be used to build self-esteem, self-confidence and body awareness. Throughout the year the class progresses towards a more specific structured program which introduces rhythm patterns, free movement and expression and dance step combinations.

Graded Ballet Programs

The ballet grades begin with Pre-Primary and move through to Grade 6. From Grade 1 onwards it is recommended that students attend 2 technique classes per week, to allow enough time to support the complete syllabus. Classes are based on teaching technique and strength through the RAD and IDTA syllabi. As well a firm understanding of rhythm patterns, free movement and expression is taught. These classes in combination with stretch classes will prepare students wishing to enter formal examinations in the future.

Vocational Ballet Programs

Vocational ballet grades begin with Grade 6 and/or Intermediate Foundation and progress through Intermediate to Advanced 1 and 2. Students considering a vocational program and examination must attend at least two classes a week. The Vocational Graded Syllabus is designed primarily for older children or young adults who are considering a career in professional dance, as a performer, teacher or in another capacity. The vocational syllabus is technically demanding and comprises only of Classical Ballet and Pointe Work. Students choosing to study this series of awards are required to be competent in the fundamentals of ballet technique and movement vocabulary. Students studying the vocational syllabus are expected to achieve a high level of technical and artistic ability in ballet and it can take a great deal of time and commitment to reach the standard required to pass these examinations. Normally, a student will begin studying the Vocational Graded Syllabus after completing Grade 5 in the Graded Examination Syllabus, however some students will continue to study the graded syllabus at the same time. Unlike the Graded Examination Syllabus, the vocational grades have to be studied in sequence and the student must successfully pass an examination at each level before progressing onto the next.

Selwyn Dance Company Classes

In 2015 we introduced a Junior Ballet Company and a Senior Ballet Company. These classes are aimed for students wishing to extend on their dance training. The classes are based on the RAD syllabus and includes open and performance work. Students wishing to take these classes need to be taking 2 classes per week of graded syllabus. Company classes in other disciplines will be added to the timetable as demand requires.

Junior Company Grade 2 – Grade 4

Senior Company Grade 5 – Advanced

Stretch and Conditioning Programs

Stretch is extremely important to a young dancer's physical development. Working on agility, balance, as well as strength, Stretch Class enhances improvement. (As the more agile and body aware students are, new steps will come easier to them). Correct positioning when stretching is vital to increase a student's flexibility. This will be taught and counteracted with strengthening exercises, as it is a must to be equally as strong as you are flexible.

As our dancers enter the Vocational grades the importance of muscle conditioning becomes paramount. Classes incorporate appropriate core conditioning, cardiovascular, and foot strengthening exercises to enable dancers to safely progress to advanced work and en pointe.

National Character Dance

A strong focus of the Graded Ballet programs is the inclusion of National Character Dance. It is found in many of the classical ballets such as Swan Lake, Nutcracker, Sleeping Beauty and Coppelia. From Grade 1 basic character steps are taught and built throughout the grades. This style of dance is dynamic and fun filled, learning traditional steps, disciplines and cultures from European countries such as Russia, Hungary and Poland. It compliments Classical Ballet for its fast pirouettes, high, controlled extensions and excellent use of the upper body.

Contemporary Ballet

"The NZAMD contemporary syllabus teaches students to understand the concepts of contemporary movement such as weight, flow, momentum, and the use of gravity, they continue to enjoy a sense of dance while focusing on freedom of movement and spatial awareness."

Contemporary is aimed at students of Grade 3 Ballet and above (about 9 years of age)



Jazz Ballet Program

With its origins in American music developed from ragtime and blues, Jazz is one of the most popular and energetic forms of dance. Jazz, which is characterized by its syncopated rhythms and improvisation, offers the dance student a challenging and demanding training. Classes are structured to begin to prepare the physical strength and flexibility required to demonstrate emotion through interpretation of any musical genre, one minute you may be dancing to the rhythm of a drum, the next to a funky jazz style. Examinations are offered in the International Dance Teachers Association Syllabus (IDTA) and the New Zealand Association of Modern Dance (NZAMD). From Grade 2 onwards it is recommended that students attend 2 Jazz classes per week to allow enough time to support the complete syllabus.

Theatrecraft Dance

New to the school in 2013 the Theatrecraft Dance syllabus prepares the budding student for the rigors of dance for Musical Theatre. Shows like Grease, My Fair Lady, Bombay Dreams, The Lion King, all diverse styles but all embraced by the Theatrecraft title. A dance form for theatrical performance, preparing the body physically through exercise and stimulating artistic ability through dance movement, improvisation and interpretation of music. The use of hand props, make up and much more - it provides all the 'must have' qualities for today's amateur and professional dancer. From Grade 2 onwards it is recommended that students attend 2 Theatrecraft classes per week to allow enough time to support the complete syllabus.

Musical Theatre

Musical Theatre classes were introduced to the school in 2014. Musical Theatre is a form of theatrical performance that combines songs, spoken dialogue, acting, and dance. The story and emotional content of a musical – humour, pathos, love, anger – are communicated through the words, music, movement and technical aspects of the entertainment as an integrated whole.

Hip Hop

New in 2013 the NZAMD Hip Hop syllabus offers an energetic and versatile program which extends the dancer and offers the dancer an exciting progression of graded work from 9—10 years. The syllabus encompasses 6 exciting levels and offers a Solo Performance Diploma for the advanced student. Younger children from 5 to 9 years are introduced to the Hip Hop style through the Pre Grade Hip Hop program.

Please note: Minimum class sizes apply for all of our classes offered. Which means that if class numbers reduce during the term, we reserve the right to charge on a private lesson basis, if this occurs, you will be notified in advance.



Uniform Requirements

All uniform requirements (with the exception of the tops used for Pre Grade Jazz and Hip Hop), can be purchased through Dance Pacific, situated at:

351 Colombo Street
Christchurch

Our uniform is registered on their database, so you only need to indicate which grade you are looking for and they can professionally fit your dancer. Please note, if your child is moving up a Grade and into a new uniform, there is no need to rush out and purchase the new uniform straight away, it is fine to wait until they have outgrown their current one or if they are sitting end of year exams they will need to be in the correct uniform for their Grade before sitting their exam. This is also the case if there has been a uniform change, please wait until your child has outgrown their current uniform before changing.

We are happy to "on sell" shoes and uniform for students as they grow out of it. Please place in a zip lock bag labelled with your name and selling price. A uniform sale will be organised for the beginning of each year and will be advised.

Why a Dress Code?

A dress code ensures that a teacher will be able to see a dancer's alignment and positioning. The teacher needs to be able to see a dancer's mistakes. Baggy clothing can mask bad habits, making corrections impossible. A dress code will also teach students discipline, helping with overall focus and energy. By "dressing the part," dancers feel like dancers.

Ballet Grades

Preschool Ballet, Preparatory, and Primary

- ♦ Pink leather ballet shoes with elastic. No ribbons please.
- ♦ RAD regulation Chloe leotard in Dusty Pink
- ♦ RAD regulation pull on Wrap Skirt in Dusty Pink
- ♦ Dusty Pink Crossover
- ♦ Ballet socks (summer), flesh coloured ballet tights (winter)
- ♦ Hair should be worn off the face, in a ballet bun



Grade 1 and Grade 2

- ♦ Pink leather ballet shoes with elastic.
- ♦ RAD regulation Faith leotard in Mulberry
- ♦ RAD regulation pull on Wrap Skirt in Mulberry (optional for Grade 2)
- ♦ Mulberry Crossover
- ♦ Flesh coloured ballet tights (all year)
- ♦ Black Character Skirt with ribbon trim
- ♦ Black RAD Character Shoes with low heel
- ♦ Hair should be worn off the face, in a ballet bun
- ♦ For Grade 2 only: Swiss Ball (correct size for child)
- ♦ For Grade 2 only: Theraband (exercise band) – 2.5m orange band (Para Rubber sell this item by the metre)



Grade 3, 4, and 5

- ◆ *Pink leather ballet shoes with satin ribbons (Please note for Grade 4 dancers up the Capezio Juliet split sole shoe is available through the school. Please make an appointment with Miss Emma for fitting).*
- ◆ *RAD regulation Bronwyn leotard in Marine*
- ◆ *RAD regulation Wrap Skirt in Marine (optional)*
- ◆ *Flesh coloured ballet tights (all year)*
- ◆ *Black Character Skirt with ribbon trim*
- ◆ *Black RAD Character Shoes with Cuban heel*
- ◆ *Ribbon Headband (check with teacher first)*
- ◆ *Marine Waistband*
- ◆ *Hair should be worn off the face, in a ballet bun*
- ◆ *Swiss Ball (correct size for child)*
- ◆ *Theraband (exercise band) – 2.5m orange band (Para Rubber sell this item by the metre)*



Vocational Grades

- ◆ *Pink leather ballet shoes with satin ribbons*
- ◆ *Pink satin Pointe shoes—ONLY to be purchased and professionally fitted upon advice from teaching staff.*
- ◆ *Bronwyn style leotard in Navy*
- ◆ *Wrap skirt in Navy (optional)*
- ◆ *Flesh coloured ballet tights*
- ◆ *Hair should be worn off the face, in a ballet bun*
- ◆ *It is also recommended that vocational students purchase a suitable exercise band (such as theraband)*

Boys

- ◆ *Black leather ballet shoes with black elastic*
- ◆ *Sleeveless leotard in White*
- ◆ *Long footless or stirrup leggings in Black*
- ◆ *White or black socks*

Modern Jazz

Pre Grades

- ◆ *Selwyn School of Dance Tank in Black and Turquoise*
- ◆ *Black leather Jazz shoes*
- ◆ *Pedal Pusher in Black*
- ◆ *Hair should be worn off the face, in a ballet bun*

Grade 2

- ◆ *Faith Leotard in Black*
- ◆ *Pedal Pusher in Black*
- ◆ *Black leather Jazz shoes*
- ◆ *Hair should be worn off the face, in a ballet bun*

Grade 3

- ◆ *Bronwyn Leotard in Black*
- ◆ *Pedal Pusher in Black*
- ◆ *Black leather Jazz shoes*
- ◆ *Hair should be worn off the face, in a ballet bun*

Musical Theatre

Stage 1 and Stage 2

- ◆ *Faith Leotard in Black*
- ◆ *Pedal Pusher in Black*
- ◆ *Black leather Jazz shoes*
- ◆ *Hair should be worn off the face, in a ballet bun*

Stage 3 and Stage 4

- ◆ *Bronwyn Leotard in Black*
- ◆ *Pedal Pusher in Black*
- ◆ *Black leather Jazz shoes*
- ◆ *Hair should be worn off the face, in a ballet bun*

Theatrecraft Dance

Preparatory and Primary Grades

- ◆ *Faith Leotard in Black*
- ◆ *Pedal Pusher in Black (optional – but not to be used in exams)*
- ◆ *Pink Leather Ballet Shoes or Black Jazz Shoes*
- ◆ *Flesh coloured ballet tights*
- ◆ *Hair should be worn off the face in a ballet bun*

Grades 1 and 2

- ◆ *Faith Leotard in Black*
- ◆ *Pedal Pusher in Black (optional – but not to be used in exams)*
- ◆ *Flesh coloured ballet tights*
- ◆ *Pink leather ballet shoes or black Jazz shoes*
- ◆ *Hair should be worn off the face, in a ballet bun*

Grades 3, 4 and 5

- ◆ *Bronwyn Leotard in Black*
- ◆ *Black Dance Shorts (optional – but not to be worn in exams)*
- ◆ *Flesh coloured ballet tights*
- ◆ *Black Jazz shoes*
- ◆ *Tan Chorus shoes (current students in Black ok, until outgrown, then please go into the Tan)*
- ◆ *Hair should be worn off the face, in a ballet Bun*

Intermediate

- ◆ *Bronwyn Leotard in Black*
- ◆ *Black Dance Shorts (optional – but not to be worn in exams)*
- ◆ *Flesh coloured ballet tights*
- ◆ *Tan Jazz shoes*
- ◆ *Tan Chorus shoes*
- ◆ *Hair should be worn off the face, in a ballet Bun*

Contemporary

- ◆ *Bronwyn Leotard in Black*
- ◆ *¾ Black Pants*
- ◆ *Black Dance Shorts (optional – but not to be used in exams)*
- ◆ *Flesh coloured Convertible Tights*
- ◆ *Hair should be worn off the face, in a ballet bun*

Hip Hop

- ◆ *Selwyn School of Dance Tank in Black and Turquoise*
- ◆ *Black knee length loose pant*
- ◆ *Suitable sneaker in Black or White*
- ◆ *Hair should be worn off the face in a high ponytail*



Special Uniform Sales

Selwyn School of Dance uniform Tank Tops used in Jazz, and Hip Hop are made to order through the school. Our fundraiser hoodies are also available for purchase through the school.



Class Fee Schedule

All prices are per term and GST inclusive. Invoices will be issued 3 weeks before the start of each term (with the exception of Term 1). Term fees are expected to be paid in full before the first day of each Term. Fees are non-refundable where the pupil does not complete a full term. Outstanding fees will be charged a 10% late payment fee. The school reserves the right to refuse tuition to any student with outstanding invoices. We do have some instances where a class has to be cancelled, (snow/earthquakes or venue disruptions etc). We do try to offer a "make up" class, however sometimes this may not be possible. If teachers are ill and a replacement can't be made a "make up" class will definitely be offered at some stage through the term. As we run such a busy timetable and class space is at a premium, these "make up" classes are most likely to be offered outside of your child's usual class time or day, (usually during a weekend or school holiday period). Please note we do not offer "make up" lessons or credits to students who choose to do other activities at their lesson time. Often we have extra practices in the lead up to production and examinations which are not charged.

½ hr	\$110.40
¾ hr	\$127.65
1 hr	\$156.40
1 ¼ hr	\$179.40
1 ½ hr	\$202.40
1 ¾ hr	\$219.65
2 hr	\$236.90
2 ¼ hr	\$265.65
2 ½ hr	\$294.40
2 ¾ hr	\$323.15
3 hr	\$351.90
3 ¼ hr	\$380.65
3 ½ hr	\$409.40
3 ¾ hr	\$438.15
4 hr	\$466.90
5 hr	\$581.90

End of Year Examinations

While End of Year Examinations are NOT compulsory for our students, it is a great way for the dancers to receive recognition for all of their hard work throughout the year. If your child is sitting an end of year examination, please be aware that exams require commitment inside of the class room as well as outside. For Graded exams children need to attend the minimum number of classes. Illness and injury will be assessed on a case by case basis, but non-attendance may result in the child not being allowed to examine, even if monies have been paid to the examination organization. Please note that we do not usually hold normal classes on exam days, as teachers are required to be at the exams supporting those students examining.

Please note: There is a HIGH possibility of these examinations being scheduled for a time that is not always convenient, ie; long weekends, week days, during school time, etc. This unfortunately is beyond our control, it is determined by the examination organization that we are interacting with at the time. Please consider this when deciding to put your child's name forward for an examination.

Examination fees are usually non-refundable as they are forwarded to the examination organization and contribute towards the costs of the examination (administration, awards, venue costs, etc), as well as the costs of the person conducting the examinations, (these people are not usually local people, they will be carrying out examinations throughout New Zealand, and in some cases will have travelled from overseas to conduct examinations here).

Competition Invitation

In 2014 Selwyn School of Dance extended an invitation to some of our older dancers, to represent our school at a Regional Dance Competition. This was an exciting time for both the school and the students involved, who all represented the school very well.

As opportunities like this arrive, your dancer may be invited to represent the Selwyn School of Dance in some way, please carefully consider the following:

There is a HIGH probability that the event will occur during the week and over a school holiday period. Competition class timetables are not confirmed until the organization has confirmation of dance entries. Depending on which classes and how many, your dancer is entered into, may mean that they are required to dance on more than one day during the competition period.

Dancers would be required to provide their own costumes to perform in, this can be at considerable cost. Competition classes are provided through private tuition at an additional cost.

Annual Performance Opportunities

Each year the school provides every student with various performance opportunities. The annual productions are held mid-year for all disciplines within the school. Productions are open to all enrolled students but are not compulsory. The Selwyn School of Dance stages its productions to provide students with the opportunity to experience the rewards and demands of live performance. The staging of its productions also provides families and friends of dancers, and the wider community, with an opportunity to attend a live performance. A production fee is charged to help with the costs of costuming, music licensing, venue hire, prop construction, production crew, special effects, administrative expenses, etc. A permission slip will be sent home with all students to confirm their participation in the annual production. It is imperative that those not performing in the annual production advise the school as soon as possible to avoid being charged these fees. Once charged they are non-refundable, exceptions will be made for unforeseen circumstances. Performance work requires an extra commitment from students and parents alike. It is expected that dancers participating in the annual production attend compulsory extra rehearsals as scheduled. These are not charged. Please note that we do not hold our usual classes on the day of the production and that there are usually no classes the week following the production so that dancers, teachers and volunteers can rest up and recover after all of their hard work.

Other community performances are also made available to students as they arise. A close relationship with the Education department of the Royal New Zealand Ballet also enables Selwyn School of Dance students to participate in seasonal Creative Dance and Technique Workshops and Company Master classes as they are available.



Teaching Staff



Artistic Director—Emma Body, A.I.D.T.A, RAD (RTS), Anatomy Dip (IDTA), PG Dip (Vit & Oen), BSC (Otago, NZ)

Began dancing at the age of 4 with Gillian Francis School of Ballet (RAD) and progressed to major examinations. As well, she also completed the RAD Dance Education Syllabus in Classical Ballet (Level 1, 2 & 3) and also National Character (Levels 1, 2 and 3). As part of the senior school progressed to teaching the RAD Pre-Primary ballet class and prepared children for performance and examination. Throughout her time with Gillian she performed in the annual production in many roles of the ballets, Nutcracker Suite, Coppelia, Swan Lake, Beatrix Potter and Peter and The Wolf. During this time she also performed as a child dancer with the Royal New Zealand Ballet in Giselle and Coppelia, and spent week long winter school programs with the New Zealand School of Dance.

Emma continued dancing throughout her tertiary education at Otago University completing dance history, choreography and contemporary dance papers at the Physical Education Department there. Coming back to dance after travelling abroad she danced and studied for 3 years with Southern Ballet and Canterbury Ballet in Christchurch. Currently, Emma is an Associate of the International Dance Teachers Association and a registered teacher with the Royal Academy of Dance and NZAMD and also an active member of the Christchurch Ballet Society.

Shannon Nuttall—Graded Ballet Teacher

Shannon studied drama during her time at High School, gaining Levels 1, 2, and 3 in NZQA Drama, she also performed in the 2008, 2010 and 2012 Stage Challenge. During 2011, Shannon was involved with stage management for the 2011 performance of Blood Brothers.

Shannon has been with the Selwyn School of Dance for three years, performing soloist roles in Sleeping Beauty and The Snow Queen. Shannon started to gain an interest for teaching ballet at the age of 18 after gaining her Intermediate Performers Exam in 2013. From there she progressed to study Pre-Associate 1 teaching Examinations with the IDTA, achieving this in our end of year session. To further her dance training she studied Classical Ballet and Polish character dance during the year gaining Distinction in the gold medal test (IDTA) at the end of 2014.

Also having a passion for contemporary and lyrical dance, she has begun teaching and choreographing for the Junior Contemporary class, and also providing private lessons in Ballet, Lyrical, Demi-Character and Barefoot for students invited to attend regional dance competitions.

Shannon is currently studying Classical Ballet to the level of Advanced 1 (vocational IDTA) and looking to gain the Pre-Associate 2 teaching qualification in the end of year exam session. Another interest for Shannon is children's portraiture and dance photography, this has led to her gaining a Diploma in Photographic Imaging at CPIT.

Studio Etiquette and Expectations

What to Expect:

Studio etiquette is very important. It is the expectation that everyone will physically demonstrate esteem for the art form, the teachers, and other students. All guests, students, and teachers are expected to be courteous and treat one another with respect and dignity.

Be On Time:

Arriving late is disruptive to the overall flow of the class, other students and the teacher. Teachers carefully plan class lessons to build on the exercises done at the beginning of each class. If you must be late it is very important that you do not enter the class unobserved after attendance has been taken.

Be Neat:

Keep your hair pulled back off your face and neck and firmly secured. Hair flying about can be distracting, get in the eyes and cause problems with spotting freely during pirouettes. Ponytails and braids can be dangerous, hitting you or someone else during class.

Do not wear jewelry to the studio or during class. Necklaces, bracelets, and dangling earrings can fly off and hit someone, become caught during partnering class and ripped out or cut your partner, or break into pieces on the floor creating hazardous dancing conditions. We do allow small stud earrings.

Be Clean:

Being respectful to others means wearing clean clothes and clean smelling shoes. Attend to your personal hygiene. Shower and use antiperspirant or deodorant (keep some in your dance bag) before coming to class. Expression of the hands is very important in dance. Please keep them clean, with no chipped fingernail polish.

Show others you have respect for yourself by coming to class clean, neat, and well put together.

Dress Like a Dancer:

Follow the dress code policy. The dress code allows the teacher to see your physical movement and make the proper corrections. Being properly dressed shows the teacher you are serious about your art form. You will feel more confident and dance better when properly dressed for class.

Wear proper street clothes as well as proper street shoes when arriving and leaving the studio. Dance shoes should never be worn outside on concrete or asphalt surfaces, as it will ruin them very quickly. Remember, how you enter an establishment or room says a lot about who you are as an individual and what you are there to do.

Our Manners:

Dancers are polite ladies and gentlemen. They should not lean against the wall, barre, or piano (if an accompanist is present for class). Sitting down unless directed to do so is not acceptable; and dancers should never chew gum during class.

Rudeness to teachers, peers, and the accompanists is absolutely unacceptable in dance, for which you may be dismissed from class or even expelled from the school. Yawning, talking, whispering, or having private giggle sessions with your friends is considered rude behaviour.

Our Attention:

Dancers are in class to work, watch and listen, especially when combinations are being demonstrated. At higher levels students are expected to know the proper vocabulary and be able to pick up steps quickly and correctly. Attention is important. Teachers may not show the combination more than once.

Personal Items:

Dancers should always take their dance bags with them to class. Do not take a chance by bringing expensive items to the studio. Take your dance bag with you into the studio and look for the designated area to put your dance bags. Make sure it is safely out of the path of dancers and put it where you can keep an eye on it.

Drinking Water During Class:

It is good to drink water before and after class ends. Drinking water between barre exercises or center exercises is generally not allowed. It is inappropriate to drink water while a teacher is giving a combination. If the teacher allows, students may drink water from a water bottle between barre and moving to the center. Drinking water from a bottle with a secure closable lid is very important. If water spills on the dance floor the flooring could quickly and easily be ruined, requiring expensive repairs and causing class to be cancelled for those repairs.

Permission to Leave Class:

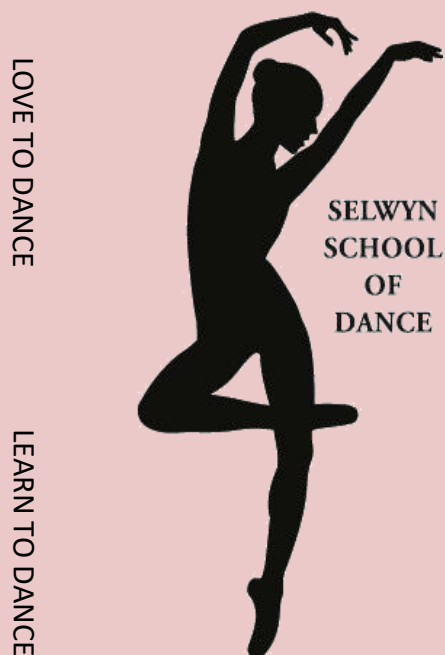
Dancers should always ask permission to leave the studio while class is in progress, even if ill. To disappear from class without permission is unacceptable. If you must leave class early, quietly catch the teacher's attention at the end of a combination, wave thank you or curtsy and silently leave. Always try to speak with the teacher before class begins to let them know you will have to leave early. This will cause less distraction and not disrupt the flow of class when you leave.

Parental Viewing:

No parental viewing of class is allowed during term time unless by prior arrangement. Extra people in the studio is very distracting for our dancers and we ask that you leave your child for class. During the last class of every term we have a parental viewing day where parents are welcome to watch the class. We find dancers get much more out of this and enjoy showing off what they have learnt during the term.

School Rules and Regulations.

- ◆ All students are required to wear street clothes and shoes when entering or leaving the studio.
- ◆ Students are expected to be **ON TIME** for every class. This means the student should be in the studio before the music begins.
- ◆ Use the bathroom, get a drink of water, secure hair, etc, before entering the classroom.
- ◆ Students are required to wear proper attire and will not be permitted to enter class without the proper attire.
- ◆ Students are expected to be respectful and courteous towards all instructors, staff members, and guests of the school, as well as fellow classmates.
- ◆ Students are expected **NOT TO TALK** while in class.
- ◆ If a student has a question, he/she should raise his/her hand and ask the instructor.
- ◆ Students are not allowed to use cell phones in the studio.
- ◆ Students with cell phones are required to **TURN OFF** phones before entering class.
- ◆ Students are **ABSOLUTELY NOT ALLOWED** to chew gum, eat, or bring water/fizzy/juice or any open bottles into a classroom, during a class or rehearsal without permission.
- ◆ Students are expected to keep the noise level to a minimum in the hallway and in dressing rooms at all times.
- ◆ Students are expected to have respect for the property of the school and other students.
- ◆ The school cannot assume responsibility for the loss of students' valuables.
- ◆ Students may be given permission to use the phone to call a parent or guardian in the event of illness, a time change, or an early closing of the school.
- ◆ Parents and students should discuss all rules and regulations!



EXCELLENCE EXPRESSION INNOVATION

For further information regarding enrolment please contact:

Emma Body

1 Shadbolt Lane

Rolleston 7614

To contact Emma or a teacher email:

info@selwynschoolofdance.co.nz

For other enquiries email: admin@selwynschoolofdance.co.nz

Visit our website: www.selwynschoolofdance.co.nz

Or find us on facebook!